# 9oz. Pennsylvania Dutch Stuffed Pork Chop

# PRODUCT DETAILS

CASE PACK 16 - 9oz
CASE WEIGHT 9 lb.
GROSS WEIGHT 10 lb.
LENGTH 13"
WIDTH 10.75"
HEIGHT 5"
PALLET 121
TI/HI 11/11
CUBE 0.4

# **INGREDIENTS**

PORK CHOPS. STUFFED WITH: BREAD CUBES (ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON. THIAMINE MONO-NITRATE (VITAMIN RIBOFLAVIN (VITAMIN B2), FOLIC ACID), WATER, YEAST, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, SLAT, CALCIUM PROPIONATE (PRESERVATIVE). CONDITIONERS (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: ETHOXYLATED MONO AND DIGLYCERIDES, PEROXIDE CALCIUM ASCORBIC AZODICARBONAMIDE, ENZYMES), DISTILLED VINEGAR, YEAST NUTRIENTS (MONO-CALCIUM PHOSPHATE, CALCIUM SULFATE, AMMONIUM SULFATE), SUGAR, CORN STARCH, SOY LECITHIN, SOY FLOUR). CHICKEN BROTH, CELERY, ONIONS, MARGARINE (SOYBEAN OIL, PALM OIL AND PALM KERNEL OIL, WATER, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE (PRESERVATIVE), ARTIFICIAL BUTTER FLAVOR, BETA CAROTENE, VITAMIN A PALMITATE, EGG PRODUCT (WHOLE EGGS, CITRIC ACID), SALT, SEASONING (SPICES (INCLUDING MUSTARD), GARLIC POWDER), PARSLEY. CONTAINS WHEAT, SOY AND EGGS

## **NUTRITION FACTS**

Serving Size: 9oz (232g) Servings Per Container: 16

#### **Amount Per Serving**

Calories 370	Calories from fat 160
	% Daily Value*
Total Fat 18g	28%
Saturated Fat	6g 30%
Trans Fat 0g	0%
Cholesterol 10	<b>5mg</b> 35%
Sodium 690mg	29%
Total Carbohyd	Irate 17g 6%
Dietary Fiber	1g 4%
Sugars 2g	

#### Protein 33q

Calcium 8%

Vitamin A 4% \* Vitamin C 2%

Iron 15%

Not a significant source of trans fat, dietary fiber, sugars, and Vitamin C

\*Percent Daily Values are based on a 2,000 calorie diet.

### COOKING INSTRUCTIONS

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Thaw overnight in refrigerator. Sear both sides in hot pan with oil for 1 minute. Cover and cook for 25 minutes or put in oven for 25 minutes at 350 or until just up to safe temperature. Cook until done.

Uncooked: For safety, product must be cooked to internal temperature of 165F.



